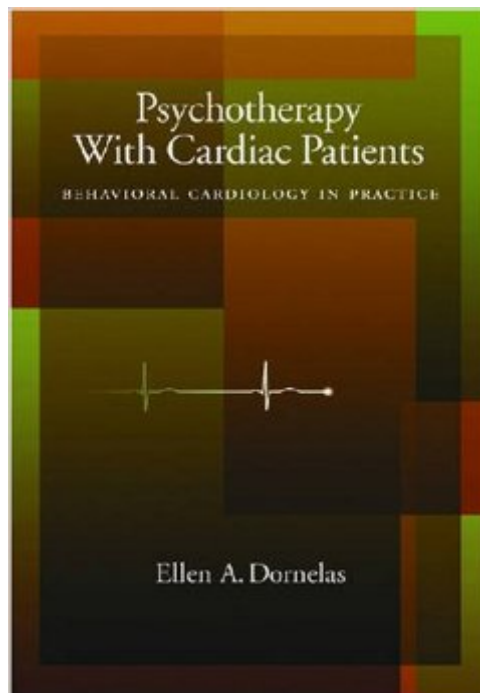


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# Psychotherapy With Cardiac Patients: Behavioral Cardiology In Practice



## Synopsis

Those who experience cardiac events suffer a wide range of psychological sequelae. The author, an experienced hospital-based psychologist, provides an orientation to this specialisation and, drawing on a variety of therapy models, describes empirically-supported intervention strategies.

## Book Information

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## Customer Reviews

Few health practitioners take into account the psychological effects of heart disease.

"Psychotherapy with Cardiac Patients: Behavioral Cardiology in Practice" is a scholarly examination of what both mental and physical health practitioners should take into account when treating a patient with heart problems. Also touching upon elements such as sex, obesity, drugs, and more, Psychotherapy with Cardiac Patients is a thorough guide on the topic. "Psychotherapy with Cardiac Patients: Behavioral Cardiology in Practice" is highly recommended for community library psychology collections. Diane C. Donovan California Bookwatch

This book offers tremendous insight into the psychological issues cardiac patients face. Although it appears to be written primarily for medical practitioners, I found it very useful in understanding the problems my father faced during the aftermath of bypass surgery. It would also very helpful for both cardiac patients and their family members to read. The author had done a good job of dealing with the issues surrounding this largely ignored part of cardiac recovery and treatment. I think if I was a nurse treating cardiac patients, it would be a must read.

Very well written, very well organized . Although written for professionals, Dr. Dornelas' book is readily understood by an educated patient, who in this case, is my husband. He would recommend her book to all professionals who have patients with cardiac issues and patients who wish to better understand the psychotherapeutic milieu, which they have entered.

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